

	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.
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Year 8 (2x lessons p/week)

Week Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
Topic/Theme	Males – Table Tennis / Badminton Females – Football / Netball						Males – Football / H&F Females – H&F / Table Tennis						Males – Rugby / Trampolining Females – Trampolining / Hockey						Males – Hockey / Volleyball Females – Handball / Volleyball						Males – Athletics / Tennis Females – Athletics / Rounders						Males – Athletics / Cricket Females – Athletics / Cricket						Males/Females – OAA / Alternative Sports		
Learning Outcomes	Table Tennis – Y7 skills recapped, forehand drive, topsin and backspin. Badminton – backhand/forehand long service, forehand/backhand net shots, overhead high clear, forehand/backhand drive and smash. Football – advanced ball control and short passing skills, short/medium distance passing, positional responsibility, individual attacking vs defending and crossing/shooting. Netball – how to dodge/peer assess, advanced footwork, combine footwork with shooting, man to man and zonal marking and tactics on a centre pass.						Table Tennis – Y7 skills recapped, forehand drive, topsin and backspin. Football – advanced ball control and short passing skills, short/medium distance passing, positional responsibility, individual attacking vs defending and crossing/shooting. H&F – components of fitness, fitness testing, training methods and theory linked to heart rate and breathing rate.						Rugby – Passing, tackling, kicking, mauling, rucking and scrums Trampolining – Recap of shapes and twists, seat drop half twist out, swivel hips, twists in/out of seat drops, forming a small routine (3 movements together, focussing on tension, height and bouncing in the middle of the trampoline). <i>Some</i> students may start to move onto front drops here. Hockey – Open/reverse stick dribble, push pass and slap hit recap. Passing/receiving the ball on the move, support play/movement off the ball, open and reverse stick drag, shooting.						Hockey – Open/reverse stick dribble, push pass and slap hit recap. Passing/receiving the ball on the move, support play/movement off the ball, open and reverse stick drag, shooting. Handball – Development of passing, dribbling/moving with the ball, shooting/jump shot, receiving/marking a target, defensive skills. Volleyball – set technique, dig technique, basic underarm service, tactical play and tactical development.						Athletics – short distance, long distance, throws and jumps. Tennis – basic rallies, forehand/backhand shots. Rounders – fielding and batting skills. Positions within a match.						Athletics – short distance, long distance, throws and jumps. Cricket – basic batting, bowling and fielding skills.						OAA – Problem Solving /Orienteering (introduction to map reading) Alternative Sports: Sports from Around the World – Transfer previously learnt skills to new sports		
Assessment	Self-Assessment Peer-Assessment Teacher Observation (HHH)						Self-Assessment Peer-Assessment Teacher Observation (HHH)						Self-Assessment Peer-Assessment Teacher Observation (HHH)						Self-Assessment Peer-Assessment Teacher Observation (HHH)						Self-Assessment Peer-Assessment Teacher Observation (HHH)						Self-Assessment Peer-Assessment Teacher Observation (HHH)								
Gatsby / SMSC	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part						Social Education Collaborate with other students Respect each other's ideas and opinions when taking part						Social Education Collaborate with other students Respect each other's ideas and opinions when taking part						Social Education Collaborate with other students Respect each other's ideas and opinions when taking part						Social Education Collaborate with other students Respect each other's ideas and opinions when taking part						Social Education Collaborate with other students Respect each other's ideas and opinions when taking part								

	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Develop collaborative, cooperative and teamwork skills.	Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.
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Year 9 (2x lessons p/week)

Week Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
Topic/Theme	Males – Table Tennis / Badminton Females – Football / Netball						Males – Football / H&F Females – H&F / Table Tennis						Males – Rugby / Trampolineing Females – Trampolineing / Hockey						Males – Hockey / basketball Females – basketball / Handball						Males – Athletics / Tennis Females – Athletics / Rounders						Males – Athletics / Cricket Females – Athletics / Cricket						Males/Females – OAA / Alternative Sports		
Learning Outcomes	<p>Table Tennis – shot recap and consolidation from previous years, service, smash, block and loop shot.</p> <p>Badminton – backhand flick serve, forehand/backhand lifts and dropshots, forehand/backhand overhead high clear, drives and creating space/shot selection</p> <p>Football – beating an opponent, types of cross/shot, positional responsibility and responding to game situations.</p> <p>Netball – advanced footwork, combine footwork with shooting, tactics when attacking, tactics when defending, tactics on a centre</p>						<p>Table Tennis – shot recap and consolidation from previous years, service, smash, block and loop shot.</p> <p>Football – beating an opponent, types of cross/shot, positional responsibility and responding to game situations.</p> <p>H&F – components of fitness, fitness testing, training methods, effects of exercise on the body</p>						<p>Rugby – Passing, outwitting opponents, tackling/rucking, line outs, scrums and kicking.</p> <p>Trampolineing – Recap of seat drop half twist in/out and swivel hips, forming a routine (3-5 bounce routine), front drops (starting with hands and knees onto front, then crouched to front, front drop with mat then finally unaided), forming a routine (3-5 bounces) to include a front drop then progress to back drops.</p>						<p>Hockey – Passing/receiving the ball on the move, tracking/jab tackle/block tackles, short corners, use of channels/wingers, shooting on the move and hitting a moving ball.</p> <p>Handball – In depth rule knowledge, further development of passing, the role of wings, defence and team defence tactics.</p> <p>Basketball– how to dribble/protect the ball, basic stance, passing, getting free,</p>						<p>Athletics – short distance, long distance, throws and jumps.</p> <p>Tennis – basic rallies, forehand/backhand shots.</p> <p>Rounders – fielding and batting skills. Positions within a match.</p>						<p>Athletics – short distance, long distance, throws and jumps.</p> <p>Cricket – basic batting, bowling and fielding skills.</p>						OAA – Teambuilding / problem solving		

	pass / other dead ball situations.		Hockey – Passing/receiving the ball on the move, tracking/jab tackle/block tackles, short corners, use of channels/wingers, shooting on the move and hitting a moving ball.	attacking/defensive stance and shooting.			
Assessment	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)
Gatsby / SMSC	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.	Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.

Year 10 (x lessons p/week)

Week Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
Topic/Theme	Males – Table Tennis / Badminton Females – Football / Netball						Males – Football / H&F Females – H&F / Table Tennis						Males – Rugby / Trampolining Females – Trampolining / Hockey						Males – Hockey / Handball Females – Volleyball / Handball						Males – Athletics / Tennis Females – Athletics / Rounders						Males – Athletics / Cricket Females – Athletics / Cricket						Males/Females – OAA / Dance		

Learning Outcomes	<p>Table Tennis – Y9 recapped, high serves, forehand drive/topspin, doubles play and tactical play.</p> <p>Badminton – Y9 recapped, forehand shots, backhand shots, shot analysis, attacking vs defensive play and game play + officiating.</p> <p>Football – ball control and attacking skills, defensive skills, attacking skills, positional responsibility and tactical awareness.</p> <p>Netball – tactical awareness, positional responsibility, advanced shooting/defending.</p>	<p>Table Tennis – Y9 recapped, high serves, forehand drive/topspin, doubles play and tactical play.</p> <p>Football – ball control and attacking skills, defensive skills, attacking skills, positional responsibility and tactical awareness.</p> <p>H&F – components of fitness, fitness testing, training methods, effects of exercise on the body</p>	<p>Rugby – Passing/use of width, outwitting opponents, tackling and rucking, tactical plays.</p> <p>Trampolining – Recap of seat drop half twist in/out and swivel hips, forming a routine (5-7 bounce routine), front drops (starting with hands and knees onto front, then crouched to front, front drop with mat then finally unaided), forming a routine (5-7 bounces) to include a front/back drops.</p> <p>Hockey – dribbling and attacking using open/reverse stick, all different types of passing (push, slap hit, hit, slice/reverse), tackling techniques, all set pieces, positional play and goalkeeping (if pads are used)</p>	<p>Hockey – dribbling and attacking using open/reverse stick, all different types of passing (push, slap hit, hit, slice/reverse), tackling techniques, all set pieces, positional play and goalkeeping (if pads are used)</p> <p>Handball – Recap of previously learnt skills, marking/blocking target, pressurised situations, corners, free pass and 7m throw and tactics/strategies.</p> <p>Volleyball– set/dig development, spike shot, service (underarm and overhead) and tactical play.</p>	<p>Athletics – short distance, long distance, throws and jumps.</p> <p>Tennis – basic rallies, forehand/backhand shots.</p> <p>Rounders – fielding and batting skills. Positions within a match.</p>	<p>Athletics – short distance, long distance, throws and jumps.</p> <p>Cricket – basic batting, bowling and fielding skills.</p>	<p>Dance – Themes from around the world</p> <p>OAA – Teambuilding / problem solving</p>
Assessment	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)	Self-Assessment Peer-Assessment Teacher Observation (HHH)
Gatsby / SMSC	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>	<p>Social Education Collaborate with other students Respect each other's ideas and opinions when taking part Develop collaborative, cooperative and teamwork skills.</p>

Core Year 11 PE (3x lessons p/ 2 weeks)

Week Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
Topic/Theme	Option of 3 activities						Option of 3 activities						Option of 3 activities						Option of 3 activities						Exam Prep						Left School								

