

Five Year PE Curriculum

New College visit

Resubmissions

A Level PE
BTEC Sport (Level 3)
Sports coaching/PT
apprenticeship

NATIONAL CURRICULUM

- Outwitting opponents
- Developing technique and improving performance
- Challenge, problem solving and team building
- Analysing performance

OCR Cambridge National in **Sport Science** (and links to)

OCR Cambridge National in **Sport Studies** (and links to)

Invasion

- Rugby
- Football
- Netball
- Hockey
- Basketball
- Handball

Net/wall

- Badminton
- Table tennis
- Tennis

Accurate replication

- Trampolining
- Gymnastics
- Dance

Performing at maximum levels

- Fitness
- Athletics

Striking and fielding

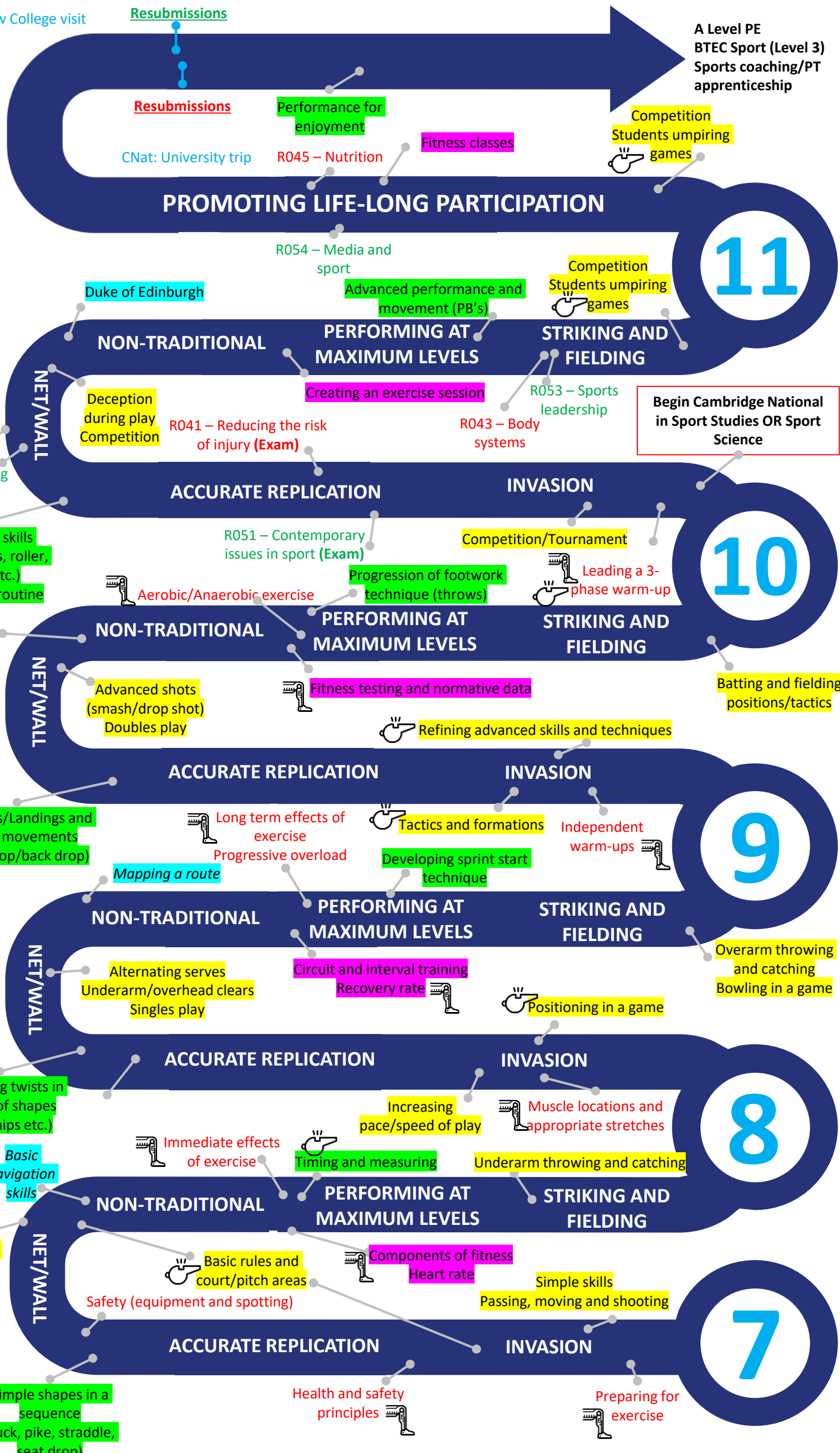
- Rounders
- Cricket

Non-traditional

- Outdoor and adventurous activities
- Tchoukball
- Dodgeball
- Football golf

Opportunities and experiences in PE

- Extra-curricular clubs
- Sports teams
- Sports day (Y7-10)
- Athletics at the English Institute of sport (Y7-10)
- Athletics at Keepmoat stadium (Y7-10)
- Ski trip



11

10

9

8

7

PROMOTING LIFE-LONG PARTICIPATION

NON-TRADITIONAL PERFORMING AT MAXIMUM LEVELS STRIKING AND FIELDING

ACCURATE REPLICATION INVASION

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ACCURATE REPLICATION INVASION

Begin Cambridge National in Sport Studies OR Sport Science